

J1 Summer Work and Travel USA Insurance Information

Important Insurance Information

Information in this hand-out applies to participants whose insurance is provided by Blue Insurance through SAYIT J1. You are provided with travel insurance for the full period of 5 months beginning on your first travel date to the USA. The policy may extend well beyond your travel dates.

Step 1: REVIEW YOUR INSURANCE PLAN DETAILS

<https://www.j1.ie/contentfiles/2001-Blue-J1-Policy-2023.pdf>

Step 2: RECEIVE AND PRINT YOUR INSURANCE VALIDATION CERTIFICATE

You will receive your insurance validation certificate details and how to access it by email before you travel to the USA. Please add **documents@blueinsurance.ie** to your email address book to make sure that you receive your insurance details.

Step 3: USE YOUR INSURANCE

For more details about using your insurance, visit: <https://www.j1.ie/insurance-faq1>

Emergency Assistance Service is the assistance group that you must contact with any questions, such as finding a doctor, assistance with submitting claims, or requesting information about what types of care will be covered by your plan. You **MUST** contact Emergency Assistance Service if you are hospitalized for any reason. Call Emergency Assistance Service at (+1) 212 671 9004

Step 4: SUBMIT CLAIMS

If you seek medical care, you **MUST** submit a claim form to confirm that you will be entitled to coverage and/or reimbursement for qualified expenses. If you do not submit a claim form, you could be held responsible for the full amount of your medical costs. Learn more at:

<https://www.j1.ie/insurance-faq1>

DOCTORS VISIT

The excess on your insurance policy is **€150**. You must pay upfront all doctor/ pharmacy fees and make a claim for the balance. There is no restriction to what Doctor a client can visit once they confirm cover with the Emergency Assistance Service at (+1) 212 671 9004

IN AN EMERGENCY

If you need emergency care, go to the nearest hospital emergency room or call emergency services (911 in the U.S.) for immediate assistance. Please also notify the insurance company and InterExchange as soon as reasonably possible so we may assist you.

Insurance Company 24-Hour Emergency Contact Number Tel.: (+1) 212 671 9004

InterExchange Work & Travel USA Contact Number Tel.: 1 800 621 1202

Tel.: Emergency cell phone after business hours: 1 917 873 5877

