

Plan ahead: know the timeline for a J-1 Visa application!

Complete your visa sponsorship application

1-2 weeks

Application review by InterExchange

1-2 weeks

Complete DS-160 and schedule Embassy interview

2 weeks
but can vary

Attend Your Visa Interview and Receive Your Visa

Within
7 days
of the Interview

Give yourself 15-20 days to book a flight and find housing!

TAKE YOUR FIRST STEP:

[CareerTrainingUSA.org/students](https://www.CareerTrainingUSA.org/students)