Plan ahead: know the timeline for a J-1 Visa application!

Complete your visa sponsorship application	1-2 weeks
Application review by InterExchange	1-2 weeks
Complete DS-160 and schedule Embassy interview	2 weeks but can vary
Attend Your Visa Interview and Receive Your Visa	Within 7 days of the Interview

Give yourself 15-20 days to book a flight and find housing!

TAKE YOUR FIRST STEP:

CareerTrainingUSA.org/students